POST ABORTION CHECKLIST FOR MEN

This list contains possible symptoms that your past abortion might be affecting your life today.

Intense anger, volatile anger, rage
Difficulty bonding with subsequent
children or over-protective of subsequent
children.
Cycles of depression
Mis-trust of women, feeling very powerless
in relationships with women.
Promiscuity-serves as a way to "get my
power back" sexually
Difficulty with close relationships
Abuse alcohol, drugs to numb the pain
Work-a-holic tendencies
Pornography-a safe place to be
"connected" sexually
Overcome with guilt, shame
Un-involvement in church b/c of shame
Separated from God because of
unworthiness
Controlling- a way to re-gain my power
"Disconnected" on the heart-level because
of pain and grief—too painful to connect